

**Charting Our Progress**  
**CHAMPS 2005-2008 Programming & Events**  
*(Example)*

	<b>Spiritual</b>	<b>Physical</b>	<b>Emotional</b>	<b>Financial</b>	<b>Social</b>
<b>Children</b>	*Mission Dinner *Tom Osborne – Legacy *Article – Christmas Gift	*Walking Programs *Health Fair *Toothbrush Distribution *Skin Cancer Prevention	*Article – Holidays		*Armchair Travel Series
<b>Teen</b>	*Mission Dinner *Tom Osborne – Legacy *Article – Christmas Gift	*B. P. Screening *Walking Programs *Health Fair *Skin Cancer Prevention *Flu Shot Clinic	*Article – Holidays *Articles – Depression		*Armchair Travel Series
<b>Young Adults</b>	*Mission Dinner *Tom Osborne – Legacy *Article – Christmas Gift	*B.P. Screening *Walking Programs *Health Fair *Skin Cancer Prevention *Flu Shot Clinic	*Grief Share *Alzheimer’s Support *Article – Holidays *Articles - Depression	*Guardianship/POA *Article-Medication Cost	*Night of Comedy *Armchair Travel Series
<b>Middle-Aged</b>	*Mission Dinner *Tom Osborne – Legacy *Article – Christmas Gift	*B. P. Screening *Low-impact Exercise *Walking Programs * Microwave Cooking *Health Fair *Skin Cancer Prevention *Flu Shot Clinic	*Death/Dying Series *Grief Share *Alzheimer’s Support *Article – Holidays *Articles – Depression *Article – Care Givers	*Guardianship/POA *Article-Medication Cost	*Night of Comedy *Armchair Travel Series *Articles – Driving
<b>Active Elders</b>	*Mission Dinner *Tom Osborne – Legacy *Article – Christmas Gift	*B. P. Screening *Low-impact Exercise *Walking Programs *Microwave Cooking *Health Fair *Skin Cancer Prevention *Safety in the Home *Flu Shot Clinic	*Death/Dying Series *Grief Share *Alzheimer’s Support *Article – Holidays *Article – Depression *Article – Care Givers	*Medicare D Enrollment *Guardianship/POA *Senior Services *Senior Anti-Fraud *Article-Medication Cost	*Care Callers (over 80) *Cards in the Commons *Senior Group Events *Night of Comedy *Armchair Travel Series *Articles - Driving
<b>Frail/Homebound</b>	*Article – Christmas Gift	*B.P. Screening	*Article – Holidays *Articles - Depression	*Article–Medication Cost	*Care Callers (over 80) *Articles - Depression
<b>Nursing Home/ Assisted Living</b>	*Article – Christmas Gift		*Article – Holidays *Articles – Depression		*Care Callers (over 80)